



BREAKFAST MENU

Fruit Juice

Fresh Fruit Salad

Grapefruit Segments

Fresh Grapefruit

Prunes

Slow Cooked Porridge

Fruit and Natural Yoghurts

Selection of Cereals

FULL CORNISH BREAKFAST

Bacon, Sausages, Tomatoes, Mushrooms, Fried Bread and Fried Egg

VEGETARIAN BREAKFAST

Tomatoes, Mushrooms, Fried Bread, Hash Browns and Fried Egg

CONTINENTAL BREAKFAST

Ham, Assorted Cheeses and Tomatoes

Assorted Muffins, Breads, Croissants and Pastries

FISH BREAKFAST

Smoked Haddock with Poached eggs

Cornish Kippers

Smoked Salmon with scrambled eggs

EGGS TO ORDER

Poached, Boiled or Scrambled

All served with homemade granary or white toast with a selection of homemade preserves and Cornish honey

TO DRINK

Selection of teas including decaffeinated

Freshly ground coffee including decaffeinated and hot chocolate